

Music for Leadership and Team building

“The greatest source of power, security comes from the realm of spirit, particularly the human spirit (Julie Oxenberg)”

Barbara Nussbaum co-authored Personal Growth African Style with Sudhanshu Palsule and Velpahi Mhkize (Penguin 2010). This book is about **“leading for a more human world”**. Trained as a creative arts therapist, Barbara is now offering two unique and powerful processes for bringing heart, soul and humanness to leadership and team development.

Successful 21st century organisations strive to be places where human beings can bring their passion and their wholeness to work. Unless heart, soul and mind are engaged we are never at our best. Because music can unite and uplift all those parts of ourselves, it has an important role to play in individual leadership development and in creating generative atmospheres in teams. Music inspires and emboldens, builds bridges and releases joy, energy and understanding. In music it is easy to discover the unity in diversity and the magic of difference.

Barbara has pioneered two innovative products and processes which have been tried and tested in the USA and in South Africa.

***Becoming an African Lion/ess:** Strengthens leadership development by creating a personal leadership CD.

***Music for team building:** creates shared meaning for teams through music.

Leadership qualities and team synergies are as infinite and varied as the people who make up our diverse society. Barbara's works with music in a way which resonates with each person's soul. Her processes go beyond the limitations of words and take people through music to places of profound mutual respect.

Testimonial

I have worked with Barbara Nussbaum and speak from my experiences with her and as an observer of her work with groups. She takes people and their music places they have never been before. A meeting with Barbara leaves a lasting impression that continues to affect everyone months after the actual encounter took place. Do yourself a big favor and get to know this woman. Better yet, go to one of her workshops". **Dr Leland Kaiser**, Health Futurist: Faculty Member Spiritual Leadership Institute, Houston Texas; Founder Kaiser Institute, Denver , Colorado .



For details, contact, **Barbara Nussbaum**
Phone: 021-876-2387 / Mobile: 082-628-1886
Email: bnussbaum@mweb.co.za
website: <http://www.barbaranussbaum>